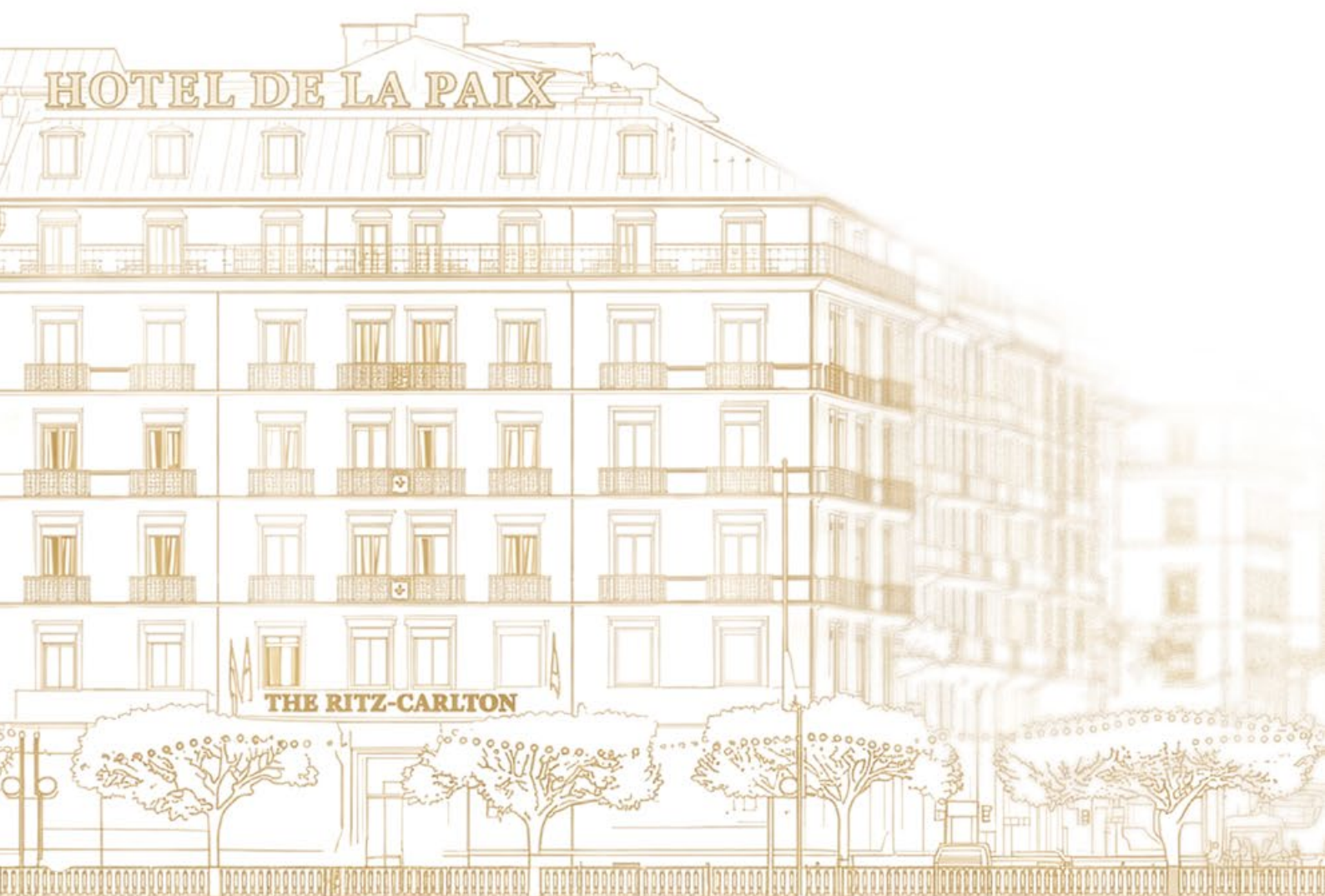


La Vallée SPA

SUITES

TRAVEL TO A NEW DIMENSION OF WELLBEING

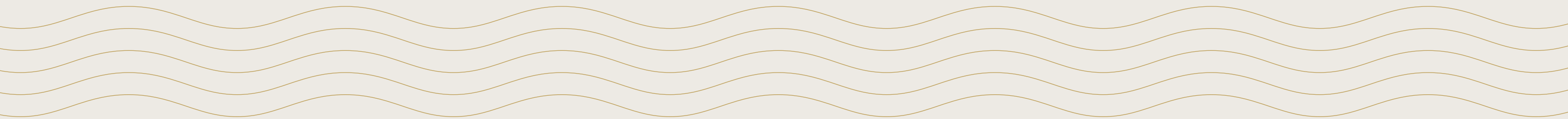
Inspired by the Energy of the Cosmos



THE RITZ-CARLTON

HOTEL DE LA PAIX, GENEVA

Swiss Science for Elevated Wellbeing





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Geneva. Lakeside Serenity

Nestled within The Ritz-Carlton Hotel de la Paix, Geneva, La Vallée SPA Suites unfolds in a setting where timeless elegance meets the tranquil beauty of Lake Geneva.

Surrounded by the quiet rhythm of water and the refined atmosphere of Geneva, this intimate sanctuary invites guests to pause and reconnect.

Inspired by the serenity of the lake, the purity of Swiss nature, and the city's heritage create a space devoted to calm, renewal, and understated luxury.

Embraced by Cosmic Harmony

La Vallée SPA Suites is a sanctuary where Swiss scientific expertise meets the art of elevated wellness.

Inspired by the timeless energy of the Cosmos, our rituals unite advanced technologies, precision techniques, and the exceptional formulations of La Vallée SPA Switzerland. Guided by the harmony of Nature, the wisdom of Time, and the Art of expert care, each experience supports the skin's natural renewal while restoring balance to body, mind, and inner energy.

Science and touch unite to reveal lasting radiance and profound wellbeing.



The Science Behind the Rituals



LA VALLÉE SPA SWITZERLAND Swiss Scientific Formulations

Advanced Swiss skincare developed through cellular research, designed to support the skin's natural regeneration and reveal lasting radiance.



WELNAMIS Neuroscience

An immersive relaxation experience using sound and vibration frequencies to guide the mind into a state of deep restorative calm and balance.

Discover the Experience → p.21



SIGNATURE SPA PROTOCOLS Defined Methodology

Structured spa protocols define techniques, sequences, and precise procedures, ensuring consistency, optimal performance, and a refined experience.



EXIMIA Advanced Technology

A non-invasive body technology combining advanced stimulation techniques to support skin firmness, contour, and renewal.

Explore the Treatment → p.34



The Art of Bespoke Wellbeing

Reserved for guests seeking the most exclusive expression of personalized wellbeing, the SPA Suites offer the most exclusive expression of wellness.

Each suite is entirely dedicated to one guest at a time, creating a seamless experience of complete seclusion, ensuring uninterrupted privacy and a sense that every moment is entirely one's own.

Highly personalized rituals unfold in complete discretion, as expert hands and advanced treatments come together in a truly bespoke journey.

Facial

RITUALS



Inspired by Swiss excellence and the purity of nature,
La Vallée's rejuvenating facial rituals combine
exceptional formulations with advanced techniques.

Each experience begins with a detailed skin analysis,
allowing our specialists to create a personalized ritual
designed to restore balance, vitality, and radiant skin.



SUPREME ANTI-AGING STX

⌚ 90 min. — 360 CHF

Visible Results — Cellular Regeneration — Radiance

Powered by STX Plant Stem Cell Technology, this rejuvenating facial refines skin texture, lifts, and restores vitality. Enhanced by a double masking ritual with an alginate mask, it hydrates, soothes, and reveals a radiant, youthful complexion.

PRESTIGE CAVIAR COLLAGEN

⌚ 90 min. — 380 CHF

Signature Visible Results — Caviar Collagen — Lifting Effect

An indulgent facial enriched with caviar and collagen to repair and revitalize skin affected by environmental stress. It firms, restores contours, and enhances radiance, completed with a hydrating alginate mask.

CELESTIAL GLOW RITUAL

⌚ 90 min. — 360 CHF

Signature Expert Protocol — Alginate Mask — Luminous Skin

A luminous brightening facial designed to reveal a more even and radiant complexion. Featuring a double masking ritual with a hydrating alginate mask, it enhances clarity and leaves the skin beautifully glowing.

PREVENTIVE AGE-DEFYING RITUAL

⌚ 60 min. — 245 CHF

Skin Detox — Expert Protocol — Cellular Oxygenation

A preventive facial delivering powerful antioxidants to protect and revitalize the skin. This refreshing treatment oxygenates, detoxifies, and supports cellular renewal, revealing a naturally luminous complexion.

REPAIR ULTRA CALMING HYDRATION RITUAL

⌚ 60 min. — 245 CHF

Signature Skin Repair — Intense Hydration — Anti-Redness

A deeply soothing facial designed to calm sensitive or stressed skin. Enriched with powerful hydrating ingredients, it restores comfort, strengthens the skin barrier, and leaves the complexion soft, balanced, and refreshed.

CLARITY – DEEP PURIFYING RITUAL

⌚ 60 min. — 245 CHF

Signature Deep Purification — Cleaning Expert — Clay Mask

A purifying facial that deeply cleanses and detoxifies the skin while restoring balance and clarity. This refreshing treatment removes impurities and refines the complexion for a visibly clearer, more radiant appearance.



TIME OUT

⌚ 60 min. — 245 CHF

GENTLEMEN Deep Hydration — Skin Repair

A revitalizing facial tailored specifically for men’s skin. This treatment deeply cleanses, hydrates, and restores balance, leaving the complexion refreshed, calm, and visibly renewed.

TREATMENT ENHANCEMENTS

To elevate your ritual

FOR THE FACE

24kt Gold Face Mask	100 CHF
Radiates and regenerates.	
Regenerating Collagen Mask	40 CHF
Hydrates and smooths.	
Cryo Rejuvenation Boost	40 CHF
Tones and refreshes.	
Sea Essence Facial Mask	50 CHF
Revitalizes and restores radiance.	

FOR THE EYES

24kt Gold Eye Mask	50 CHF
Illuminates and revitalizes.	
Regenerating Collagen Eye Mask	30 CHF
Smooths and refreshes.	
Gold & Collagen Eye Ritual	80 CHF
Restores brightness and definition.	
Eye Sea Essence Revitalizer	40 CHF
Refreshes and brightens the gaze.	

FOR THE LIPS

24kt Gold Lip Mask	50 CHF
Hydrates and softens.	

Grace & Glow

THE SIGNATURE RITUAL

🕒 90 min. — 450 ^{CHF}

Skin Repair — Visible Results — 24kt Gold Mask

A signature ritual of sculpting and radiance, designed to visibly transform the skin.

This advanced treatment stimulates collagen, enhances circulation, and supports lymphatic drainage to lift, tone, and redefine facial contours. The experience culminates in a 24kt gold mask, revealing a complexion that is refined, revitalized, and luminous with timeless elegance.



Glow & Go

THE INSTANT RADIANCE RITUAL

🕒 30 min. — 160 ^{CHF}

Luminous Skin — Lifting Effect — Deep Hydration

A highly focused treatment designed to restore instant luminosity and skin vitality.

Through targeted techniques and tailored actives, the complexion is refreshed, hydrated, and visibly refined, revealing a radiant, healthy glow in its most essential form.

🕒 30 min. — 150 ^{CHF}

◆ **G E N T L E M E N** — Visible Results — Skin Repair

This refreshing treatment deeply cleanses, hydrates, and restores vitality, leaving the complexion balanced, smooth, and visibly revitalized.





Massage

TREATMENTS



A moment to release and restore harmony between body, mind, and energy. Each ritual is tailored to the body's needs, easing tension through expert touch and intuitive techniques.

For a deeper experience, treatments may be performed on the Welnamis bed, where gentle sound and vibrations enhance relaxation and inner alignment.

SLEEP ENHANCING SERENITY MASSAGE

⌚ 60 or 90 min. — 230 ^{CHF} / 310 ^{CHF}

🔊 Welnamis Option — Deep Relaxation — Restful Sleep — Mental Calm

A deeply calming ritual designed to quiet the mind and relax the body. Slow, rhythmic movements release tension, promoting restorative sleep and renewed energy.

ENERGY & VITALITY MASSAGE

⌚ 60 or 90 min. — 230 ^{CHF} / 310 ^{CHF}

🔊 Welnamis Option — Energy Boost — Stimulated Circulation — Anchoring & Balance

An invigorating massage combining Swiss botanical extracts and essential oils. Tailored techniques stimulate circulation, awaken the body, and restore physical and emotional vitality.

DEEP TISSUE MASSAGE

⌚ 60 or 90 min. — 250 ^{CHF} / 330 ^{CHF}

🔊 Welnamis Option — Back - Shoulders - Legs — Body Lightness — Muscle Tension

A restorative treatment designed to relieve deep-seated tension and support muscular recovery. Firm, precise techniques enhance mobility, release stress, and restore balance to the body.

STRESS RELIEF

⌚ 30 min. — 130 ^{CHF}

Back, neck and shoulder massage. Express ritual.

Additional massage — 15 minutes — 50 ^{CHF}



Welnamis

WAVES OF DEEP RELAXATION

A new dimension of relaxation, where neuroscience-based sound and vibroacoustic technology guide the mind into deep calm.

Through carefully composed acoustic frequencies, Welnamis slows mental activity, encouraging rest and restoring clarity and inner stillness.

DEEP RELAXATION • IMPROVED SLEEP • OVERALL WELL-BEING • MENTAL CLARITY

22 min. session — 100 ^{CHF}

5 sessions — 400 ^{CHF}

Available as an addition to face and body rituals — 40 ^{CHF}



Take a Journey Inward

LA VALLÉE SPA RITUALS
COLLECTION

A collection of immersive wellness rituals designed as complete journeys of renewal.

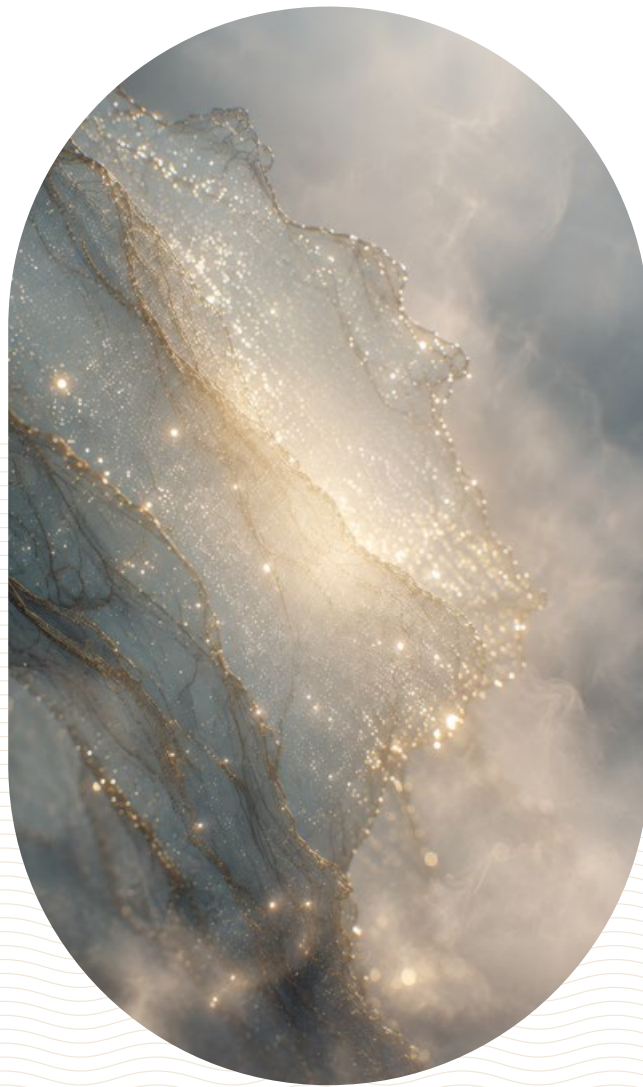
Guided by the timeless principles of Nature, Time and Art, each experience combines targeted treatments for face and body, thoughtfully composed to restore harmony, vitality and radiance.

From the warmth of the hammam to expert touch and advanced care, every step unfolds with intention, guiding the body into deep relaxation and lasting renewal.

Star Gazing

A MOMENT OF STILLNESS,
HELD IN WARMTH AND QUIET LIGHT.

Immersive Hammam Ritual + Manual Therapy



🕒 150 min. — 490 CHF

Energising Massage — Circulation Stimulation — Tension Relief

The hammam softens the body, preparing the skin for a renewing body ritual, followed by an energising massage that awakens circulation. Balance is restored, leaving a sense of calm vitality.

Cosmic Tranquility

A DEEPER IMMERSION,
GUIDED BY RHYTHM AND VIBRATION.

Welnamis Technology + Manual Therapy



🕒 150 min. — 490 CHF

Deep Relaxation Massage — Body & Mind Rebalance — Caviar Collagen Facial

Welnamis introduces a state of profound relaxation, where gentle frequencies and expert touch work in harmony. A deep tissue massage releases tension, followed by a rejuvenating facial that restores clarity and radiance.

Flow & Glow Perfection

A FLUID RITUAL OF RENEWAL,
RESTORING GLOW AND SOFTNESS.

Hamam Ritual + Body & Facial Care



🕒 90 min. — 410 CHF

Deep Hydration — Radiance Enhancement — Caviar Collagen

Steam and warmth prepare the skin, enhancing the effects of a purifying body mask and nourishing balm. A Caviar Collagen facial completes the experience, replenishing hydration and restoring a smooth, luminous complexion.

Stellar Radiance

A LUMINOUS RITUAL DESIGNED TO RESTORE
RADIANCE AND VITALITY.

Manual Therapy + Body Exfoliation & Anti-Ageing Facial



🕒 120 min. — 520 CHF

Spectacular Radiance — Rejuvenated Skin — 24k Gold Eye Mask

A full-body exfoliation and nourishing mask renew the skin, followed by a rich balm to restore softness and moisture. A Caviar collagen facial and 24kt gold eye mask enhance brightness, revealing a refined, radiant glow.

Celestial Connection

A SHARED MOMENT OF STILLNESS,
DESIGNED TO RECONNECT.

Hamam Ritual + Thermal Therapy



⌚ 150 min. — 760 CHF

Hot Stone Massage — Muscle Relaxation — Inner Balance Restoration

Warm steam envelops the body, releasing tension and preparing for deep relaxation. A soothing massage with heated stones restores balance, while a Caviar Collagen facial leaves the skin refreshed and radiant.



A moment to slow down, together.

Body

RITUALS



Rituals designed to renew the body
through texture, warmth, and touch.

Exfoliation, nourishment, and expert techniques work
in harmony to restore softness, enhance circulation,
and reveal naturally radiant skin.



SUPREME BODY MASK SMOOTHER

⌚ 90 min. — 330 CHF

Visible Results — Deep Detoxification — Targeted Drainage

A renewing ritual combining exfoliation, Pink Clay, and nourishing massage. The skin is smoothed, revitalized, and deeply nourished, restoring softness and natural radiance.

LA VALLÉE REGENERATING & FIRMING EXPERIENCE

⌚ 75 min. — 260 CHF

Body Reshaping — Lymphatic Activation — Expert AntiCellulite

A sculpting ritual designed to restore firmness and tone. Targeted techniques enhance elasticity, leaving the skin smoother, more toned, and revitalized.

CELLULITE AND MID-LINE SMOOTHER

⌚ 60 min. — 245 CHF

Dynamic Drainage — Circulation Stimulation — FatReduction

A focused ritual to refine and rebalance the silhouette. Exfoliation and detoxifying massage smooth, firm, and visibly redefine the skin.

BACK REVIVE

⌚ 45 min. — 180 CHF

◆ GENTLEMEN — Skin Purification — Deep Detoxification

A targeted treatment to cleanse, exfoliate, and restore the back. The skin is purified, smoothed, and visibly refreshed.

BODY SMOOTHER

⌚ 30 min. — 130 CHF

Express Ritual — Skin Renewal

A gentle exfoliating ritual using Pink Clay to smooth and renew the skin. Softness and natural radiance are restored.

TREATMENT
ENHANCEMENTS

To elevate your ritual

Sea Essence Neck &
Décolletage Mask
Nourishes and restores radiance.

60 CHF

Thermal Bliss -
Warm Volcanic Stones
Relaxes and releases tension.

40 CHF

Nourishing Balm
Massage Upgrade
Enriches and softens the skin.

40 CHF



EXIMIA

HIGH-PERFORMANCE BODY TECHNOLOGY

Advanced Swiss technology designed to sculpt, tone, and refine the silhouette.

Through targeted stimulation of circulation, oxygenation, and cellular activity, EXIMIA enhances the skin's texture and supports visible transformation. A high-performance approach where innovation meets refined body care.

stimulation of circulation • oxygenation • cellular activity

PERFECT SKIN DIAMOND — Exfoliation

⌚ 45 min. — 180 CHF

Texture Refinement — Cellular Renewal — Skin Clarity Enhancement

A renewing treatment that exfoliates and stimulates cellular activity. The skin is smoothed, refined, and visibly revitalized, revealing a softer, more luminous texture.

HYDRATONE DIAMOND — Exfoliation & Hydration

⌚ 75 min. — 260 CHF

Deep Hydration — Skin Plumping — Skin Comfort Restoration

An advanced hydrating treatment that restores moisture and enhances skin elasticity. The skin appears nourished, supple, and deeply replenished, with a smoother, more refined texture.

EXPERT BODY DRAINAGE — Lymphatic Drainage

⌚ 45 min. — 180 CHF

Lymphatic Stimulation — Water Retention Reduction — Tissue Detoxification

A targeted treatment to stimulate circulation and support natural detoxification. The body feels lighter, while the skin appears smoother, toned, and revitalized.

SVELTE BODY DIAMOND — Body Shaping & Cellulite Reduction

⌚ 75 min. — 320 CHF

Silhouette Refinement — Cellulite Reduction — Skin Firming

A high-performance treatment designed to refine the silhouette and reduce the appearance of cellulite. The skin is visibly smoother, firmer, and more toned, with improved elasticity and definition.



SPA ETIQUETTE

To ensure a seamless and enjoyable experience, we kindly invite you to review the following guidelines.

OPENING HOURS

Tuesday to Sunday
11:00 – 21:00

RESERVATIONS

To book your spa experience, please contact us at +41 22 909 60 15

Hotel guests may dial 60 15

BOOKING & ARRIVAL

Please inform us of:

- Any allergies or medical conditions (including pregnancy)
- Preferences for a specific therapist
- Any special occasion

We recommend arriving 10 minutes prior to your appointment.

Late arrivals may result in a shortened treatment time, while the full service fee will still apply.

DURING YOUR VISIT

Personal Belongings

We recommend leaving valuables in your room safe. The spa cannot be held responsible for personal items.

Age Requirements

18+ for massages and body treatments; 16+ for facial treatments; under 16: manicure and pedicure services only. Parental supervision is required for guests under 18.

Food & Beverage

Outside food and alcohol are not permitted. Guests under the influence will not be admitted.

Electronic Devices

To preserve the tranquility and privacy of all guests, mobile phones and electronic devices must be turned off.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments.

For facials, shaving is optional. Your comfort is essential – should

you wish to adjust temperature, pressure, or any element of your experience, please inform your therapist.

CANCELLATION POLICY

Please notify us at least 8 hours in advance for any changes or cancellations.

Late cancellations or missed appointments will incur a 50% charge.

PAYMENT

We accept all major credit cards. Services may also be charged to your hotel account.



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The Ritz-Carlton Hotel de la Paix, Geneva
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1201 Geneva - Switzerland

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