

WELCOME TO A NEW DIMENSION OF WELLNESS







MASSAGE RITUALS

Indulge in serenity with our tailored body massage rituals, designed to melt tension, rejuvenate, and restore harmony to body and mind.

Enhance your experience with the Welnamis bed, combining gentle vibrations and sound waves to deepen relaxation, boost circulation, and elevate tranquility.



Sleep Enhancing Serenity

The Sleep-Enhancing Serenity Massage is designed to deeply relax the body and mind, promoting restful sleep and renewed energy.



Energy and Vitality

Blending Swiss natural plant extracts and essential oils with a rejuvenating massage technique, it enhances physical and emotional well-being while restoring balance.



Deep Tissue

Perfect for those engaging in regular or new activities, it supports performance, recovery, and relaxation, ensuring a positive, revitalizing impact on the body.



(90 min. CHF 330

Supreme Body Mask Smoother

The Supreme Body Mask Smoother detoxifies, rejuvenates, and smooths with a pink clay mask, exfoliation, and nourishing balm, leaving your skin revitalized and radiant.



Cellulite and Mid-line Smoother

The Cellulite & Mid-Line Smoother targets the stomach and legs, combining exfoliation and a detoxifying massage to firm, refine, and re-sculpt, enhancing skin's texture and tone.







FACE RITUALS

La Vallée Spa's rejuvenating facials draw inspiration from Swiss nature, combining glacial purity and botanical richness. Each treatment begins with a personalized skin analysis, seamlessly blending advanced techniques with exceptional products to transform and rejuvenate, revealing timeless beauty and a radiant glow.



Prestige Caviar Collagen Boost

This luxurious facial lifts, firms, and repairs sun- and winddamaged skin. Featuring a double masking technique, it deeply hydrates and nourishes, leaving your complexion revitalized.

90 min. CHF 380

Celestial Glow Brightening

Unveil a luminous, unified complexion with this brightening facial. A double masking ritual hydrates deeply, revealing flawless radiance and youthful glow.

90 min. CHF 360

Preventive Age-Defying

A rejuvenating facial that oxygenates and detoxifies to prevent cellular damage. Infused with antioxidants, it leaves your skin luminous and vibrant with youthful vitality.

60 min. CHF 245

Clarity Deep Purifying

This purifying facial cleanses, soothes, and restores clarity, drawing out impurities for a refined, radiant complexion. Perfect for a crystal-clear glow.



Time Out for Men

Specifically designed for men, this revitalizing facial deeply cleanses, hydrates, and restores, leaving the skin balanced, refreshed, and impeccably renewed.







INSTANT BLISS RITUALS

Pressed for time? Elevate your day with one of our opulent "Instant Bliss Rituals", meticulously crafted for a swift yet indulgent rejuvenation.



Signature Glow and Go

A bespoke, time-efficient facial tailored to your skin's unique needs, leaving your complexion radiant and refreshed.



Foot Reflexology

Targeted reflex points are expertly massaged to activate the body's natural healing process, restoring balance and harmony.

30 min. CHF 130

Stress Relief

A deeply soothing massage designed to release tension and promote relaxation in key areas of stress: back, neck and shoulders.







ELEVATE THE EXPERIENCE

Enhance your transformational journey by adding tailored enhancements to your face or body ritual, perfectly aligned with your skincare needs.

Immerse yourself in extended indulgence for an exquisitely luxurious escape.

More Massage

Extend your massage ritual deepening relaxation, enhancing rejuvenation, and delivering longer-lasting results.

+ 30 min. CHF 50

Eye Sea Essence Revitaliser

A potent infusion of sea minerals revitalizes and brightens the delicate eye area, leaving your gaze refreshed and radiant.



Thermal Bliss

The perfect complement to any massage, indulge in the soothing warmth of volcanic stones as they melt away tension and restore balance.



Nourishing Balm

Elevate your experience by enhancing your massage with La Vallée's luxurious nourishing balm, delivering deeper hydration and indulgent care.







SPA ETIQUETTE

ARRIVAL TIME

We kindly request that you arrive 15 minutes prior to your scheduled treatment. This allows time to complete our spa questionnaire and prepare for your experience. Late arrivals may reduce the duration of your treatment without affecting the scheduled end time, to avoid inconveniencing the next guest. The full cost of your treatment will still apply.

WHILE VISITING LA VALLÉE SPA SUITES

YOUR COMFORT

Your comfort is our priority. If you experience discomfort due to temperature, massage pressure, music volume, or other factors, inform your therapist immediately.

PERSONAL BELONGINGS/VALUABLES

The spa cannot assume responsibility for any personal items or valuables brought on-site.

AGE REQUIREMENTS

Massage and body treatments are exclusively for guests aged 18 and over. Guests aged 16+ may enjoy our facial menu, while those under 16 can access manicure and pedicure services. Parental supervision is required for all guests under 18.

FOOD AND BEVERAGE

Outside food and alcohol are not permitted in the spa. Guests appearing intoxicated will be denied access to ensure a serene environment.

USE OF ELECTRONIC DEVICES

To preserve the tranquility and privacy of all guests, the use of cell phones, cameras, and electronic devices is prohibited in the spa. Please ensure devices are turned off during your visit.

CANCELLATION

Should you need to reschedule or cancel an appointment, please notify us by 8 PM on the day prior to your booking. Late cancellations or missed appointments may incur a fee of up to the full cost of the treatment.

TREATMENT RECOMMENDATIONS

Avoid shaving before body treatments or hair removal services. For men, shaving prior to a facial is recommended but not required.

PAYMENT METHODS

We accept all major credit cards. Guests may also charge spa services to their hotel bill.

GIFT VOUCHERS

Give the gift of wellness. Contact our spa team for details or purchase gift vouchers online.

PRICES

All prices are listed in CHF. Gratuities are not included but are appreciated at your discretion.

