

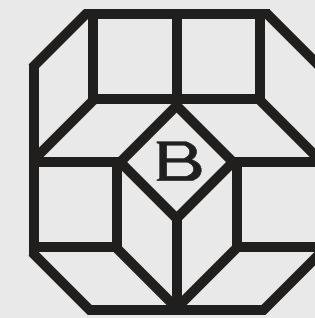


evianSPA

SANITAS PER AQUAM

DOHA

TREATMENTS AND SERVICES



THE

BENTLEY

LUXURY HOTEL & SUITES

Al Sham Street 870, Zone 63, Building 41
Westbay, Doha - Qatar
P.O. Box 30110

evian® SPA Doha is a symbolic reflection of the journey **evian®** natural mineral water takes through the Alps. The spa is the only one of its kind in Qatar. **evian®**, the famed mineral water that originates from melting snow on the peaks of France's Northern Alps, is known for its purity and healing properties. It makes up the principles of relaxation, beautification and physical rejuvenation.

evian® SPA Doha presence is in **The Bentley Luxury Hotel and Suites**, a 44 floored apartment suites and a haven for business travelers and pleasure seekers of Qatar, nestled in the heart of Doha.

evian® SPA Doha is an exclusive lady only spa and is located on the 42nd floor of the hotel with a breathtaking view of the Gulf Sea seen on a clear day. It is designed to indulge in tranquility through rejuvenating health, profound purity and everlasting youth.

Within its 1800 square meter spacious wellness facility features five treatment rooms, a jacuzzi, Kneipp foot massage area, sauna, steam, spa and hydro pool, one affusion shower room, salt room, snow room and a relaxation lounge to deliver the ultimate spa experience.

Immerse yourself in the exquisite comfort here at the **evian® SPA Doha**, while time passes by you unnoticed.





evian® SPA Doha's Kneipp foot massage area.



TREATMENT

Celestial, Mineral, Precious and Vitalising are the 4 experiences that structure the spa offer. It echoes with the **evian® water** course through the mountains to provide the guests with the same benefits Alps mountains have given to **evian® water** for thousands of years. Each experience covers a specific type of benefits.

CELESTIAL

Revitalise one's body and mind through rest and relaxation, a return to the essential, leaving you looking rested, your body feeling lighter. Olfactive steam which when breathed in frees one's mind, endless revitalisation bath. Hot water compress during a gentle wake-up.

MINERAL

Rich in minerals. Body and skin are deeply purified and radiance is renewed. Elimination of dead skin cells with the mineral revitalisation scrub which ends with a hot shower, leaving skin totally purified. Hot stone massage which eliminates toxins using the heat from stones remineralised in hot water.

PRECIOUS

Its journey makes it a precious source, a partner for beauty and youthfulness for smooth, hydrated, plumped up skin in the precious moment bath. High-performance treatments that anticipate or curb the effects of time on our face and body by maintaining skin hydration via a mist enriched with active ingredients.

VITALISING

The strength and coolness of water, the essential element, provides vitality dynamism and energy through a stimulating wake-up for skin and body. Fine water droplets that run along the body during the rain massage. Spraying of cool water during the Radiance facial provides an invigorating wake-up.



THE CELESTIAL EXPERIENCE

A Celestial experience, in the sense of a return to our origins, to what is essential and to peace and quiet, in order to free the mind and discover renewed positive energy.

TREATMENT PROMISE

Being able to let go by ascending to our origins (fusion of body & mind).

HARMONIE SUBLIME BODY MASSAGE

850 QAR | 60 minutes

Ancestral massage techniques adapted to today's needs, the movements bring the whole body into harmony, releasing tension in order to let go completely. Provides deep relaxation of body and mind.

EQUILIBRE FOOT REFLEXOLOGY

800 QAR | 60 minutes

Combines massage and acupressure to provide real well-being leading to a state of deep relaxation. By stimulating reflex zones on the soles of the feet, this treatment promotes the elimination of stress and tension, ensuring that body and mind are relaxed.

DIVINE SERENITE UPPER BODY MASSAGE

700 QAR | 45 minutes

Pure relaxation which releases back, neck and shoulder tension thanks to specific movements combined with the essential. Acupressure points and smoothing motions to the face offer a source of well-being which takes over the whole body.

LE CELESTE FACE AND BODY TREATMENT

2,000 QAR | 180 minutes

A guided relaxation using breathing exercises and body wrap with a hydrating and repairing balm while placed in a warm cocoon that really allows one to let go. A scalp massage releases tension and provides a feeling of well-being that overcomes you. Each part of the body is uncovered slowly to allow for a deep, relaxing massage while maintaining the warmth of the cocoon. The repairing facial with scrub and mask containing plants is prepared with pure Alpine **evian® water** and leaves skin soft and comfortable. Experience a moment of total relaxation.



THE MINERAL EXPERIENCE

A Mineralising and Purifying experience as if on a slow journey to the heart of the matter, for a body that is detoxified and revitalised.

TREATMENT PROMISE

Acts deep down for a feeling of purity and revitalisation.

RESOURCE MINERALE BODY SCRUB

750 QAR | 45 minutes

Provides delicate exfoliation to leave skin smooth and deeply cleansed. Offers a real beauty ritual for the body and promotes elimination of deep-rooted toxins. For soft, silky and hydrated skin. Perfect all year round.

PUR GALETS BODY MASSAGE

900 QAR | 75 minutes

Provides a total deep muscle relaxation. The massage is performed with a synergy of warm vegetables oils.

SOURCE FONDAMENTALE FACIAL TREATMENT

1,000 QAR | 60 minutes

The perfect facial for city-living skin. Promote toxin elimination and boost lymphatic circulation and uses a mask rich in clay leaves skin purified.

LE MINERALE BODY MASSAGE

1,100 QAR | 100 minutes

Starts with a bath and softening foot massage using a pumice stone. The pure, gentle talc rich in magnesium allows for deep-reaching movements and a blend of Western techniques. Via a series of motions, muscle kneading and stretching, the body regains balance and joint pain is soothed. This massage is tailored to suit individual needs.



THE PRECIOUS EXPERIENCE

A Precious experience like the water reserves present in our bodies. Anticipates and caters to the needs of the most demanding skin types. Taking time out to stop the signs of ageing.

TREATMENT PROMISE

Precious magical moments to stop the signs of ageing with immediate results.

ECRIN PRECIEUX FACIAL TREATMENT

1,000 QAR | 90 minutes

Results in a more even complexion and strengthens cellular exchange to reduce the signs of ageing. Remodels the contours of the face and offers a smoother complexion and renews radiance.

RICHESSSE D'ECLAT FACIAL TREATMENT

850 QAR | 45 minutes

Instant radiance and renewed hydration, a quick treatment perfect before an event. Specific techniques brighten the complexion and plump up skin.

SECRET PRECIEUX ANTI-AGEING MASSAGE TREATMENT

900 QAR | 60 minutes

Anti-ageing body treatment with repairing and firming properties. Body beauty treatment that helps to revitalise skin weakened by the passing of time.

LE PRECIEUX BODY AND FACIAL TREATMENT

2,000 QAR | 180 minutes

High-performance face and décolleté treatment to reduce the signs of ageing, repairs and protects via a double mask rich in extracts of plants prepared with pure Alpine **evian® water** true quintessence of life and youthfulness. A magical sculpting body massage combining techniques with a blend of cream rich in Myrrhe extract and dry oil offering a true interaction of noble oils. Facial beauty enhancement and beauty mask for hands. An exceptional self-care treatment which finishes with a precious moment bath containing almond balm extracts that enhances the body's beauty and radiance.



THE VITALISING EXPERIENCE

A Vitalising experience like the water that bursts from the spring, a source of new life.

TREATMENT PROMISE

Visible results and source of new energy.

VISAGE LUMIERE SKIN BOOSTER FACIAL TREATMENT

1,000 QAR | 60 minutes

Facial radiance is instantly renewed and facial lines receive a lifting effect. This treatment awakens the vital functions of the upper layer of the skin leaving it plumped up and perfectly hydrated.

DYNAMISANT BODY MASSAGE

800 QAR | 45 minutes

Perfect to stimulate the whole body, can be a two-handed or four-handed massage, performed for a deep massage, tension is released that revives the body beautifully, leaving it totally energized.

COMPLICE DU CORPS BODY SLIMMING MASSAGE

900 QAR | 60 minutes

Movements to apply pressure and provide drainage act on localised unwanted curves. Has a slimming effect and using a sculpting massage technique activates blood circulation. This treatment provides a real feeling of energy and lightness.

LE VITALISANT BODY AND FACIAL TREATMENT

1,000 QAR | 90 minutes

As a prelude to the full face and body treatment, this introductory experience begins with the application of an airy cleansing mousse containing vegetable extracts for its powerful antioxidant properties, Barley and Oats for hydration, for its remineralising qualities. The body scrub softens skin, ready to make it even more radiant. The massage allows a rhythmic massage under a stream of warm, invigorating water. Treatments are alternated on face and body to revive radiance, energy and dynamism of both body and face.



SIGNATURES

indulge in a lush and meditating experience with water being the heart of your journey

TERRE DE DOHA

FEEL THE DOHA SOIL.

1,500 QAR | 150 minutes

Reconnect to the oriental heritage and stay more grounded to the roots of Doha, indulge in unique well-crafted body treatment incorporating exfoliation, nourishing wrap, followed by a heavenly shower and massage. Calm you mind, body and soul by treating yourself to ultimate royalty.

CURE IN DOHA

YOUR TIME AND ENERGY ARE PRECIOUS. CHOOSE WISELY.

3,500 QAR | 400 minutes

Perfect package for your weekend, benefit from a 2 day spa retreat to help you detox your body and stay toned and tanned. Connect with your body and learn how to maintain your healthy diet by consulting with our professional team. Complimentary manicure and pedicure services are provided with this package to give you the best experience you can have.



evian®SPA EXPERIENCE FOR TWO

HARMONIE SUBLIME BODY MASSAGE

1,500 QAR | 60 minutes

Ancestral massage techniques adapted to today's needs, the movements bring the whole body into harmony, releasing tension in order to let go completely. Provides deep relaxation of body and mind.

ECRIN PRECIEUX FACIAL TREATMENT

1,800 QAR | 90 minutes

Results in a more even complexion and strengthens cellular exchange to reduce the signs of ageing. Remodels the contours of the face and offers a smoother complexion and renews radiance.

DIVINE SERENITE UPPER BODY MASSAGE

1,200 QAR | 45 minutes

Pure relaxation which releases back, neck and shoulder tension thanks to specific movements combined with the essential. Acupressure points and smoothing motions to the face offer a source of well-being which takes over the whole body.

RICHESSSE D'ECLAT FACIAL TREATMENT

1,500 QAR | 45 minutes

Instant radiance and renewed hydration. a quick treatment perfect before an event. Specific techniques brighten the complexion and plump up skin.



evian®SPA PACKAGES AND ADD ON

BRIDE TO BE180 minutes | 2,200 QAR

- Affusion shower15 minutes
- Resource Mineral45 minutes
- Secret Precieux60 minutes
- Ecrin Precieux60 minutes

LE QUEEN150 minutes | 1,700 QAR

- Affusion shower15 minutes
- Pur Gallets75 minutes
- Source Fondamental60 minutes

ADD ON

- Express Massage15 minutes | 250 QAR
- Express Massage30 minutes | 500 QAR
- Affusion shower20 minutes | 300 QAR



SPA ARRIVAL AND ETIQUETTE

We recommend that you arrive 30 minutes before your first scheduled appointment. This gives you time to familiarize yourself with the facilities and relax before your treatments. Please note, all treatments end on time, regardless of start time. Please leave your jewellery and other valuables in your locker provided at **evian® SPA Doha**.

SPA EXPERIENCE

evian® SPA Doha experiences last at least an hour. We want you to take the time you need to find your energy.

SPA ENVIRONMENT

Only for guest 16 years above.

SPA APPOINTMENT

10:00 AM to 09:00 PM daily.

RESERVATION

Please call +974 4410 2406 or e-mail evianspa@thebentleytower.com

To accommodate your preferences, advance reservations are recommended.

To book your appointment, please call our knowledgeable Spa Experience Coordinators prior to your arrival at the hotel; they will be happy to help you select treatments that fulfil your personal requirements. Questions are, of course, welcome.

CANCELLATION

If you must reschedule or cancel any spa appointment, please notify the spa 4 hours in advance to avoid being charged for the service. Cancellation of a package requires 24 hours' notice. Missed appointments without proper notice are subject to a 100% charge for reserved services.

OPERATION HOURS

09:00 AM to 10:00 PM daily.

SPA ATTIRE

You will receive a robe and sandals to wear between treatments, as well as a locker for your personal belongings. Our therapists are highly trained in draping procedures to ensure your complete privacy; however, for your comfort, undergarments must be worn during treatments. Swimsuits are required in some areas of the spa.

GIFT CARDS

evian® SPA Doha gift cards are available for purchase for all spa services and packages. Please contact **evian® SPA Doha** reception for further information.

GRATUITIES

Additional gratuities for exceptional service can be added to your bill upon checkout.

HEALTH MATTERS

Please inform us of any health conditions at the time of booking (e.g., high blood pressure, heart condition, allergies, pregnancy). Consumption of alcohol before, during or directly after spa treatments is not recommended. You will also be asked to complete a medical-history form upon arrival, so we can best customize your experience.





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evianspa-doha.com